

Recovery Meetings - United States

San Diego - CA

Venue: Dharma Bum Temple

Days: 2nd and 4th Wednesday of each month

Time: 7:00pm

Type: 12 Step Zen group

Address: 4144 Campus Ave., San Diego, CA 92103

Other info: Founded January 2012, this group is hosted by Peter Kuhn, an ordained member of the Order of Interbeing in Thich Nhat Hanh's Plum Village Tradition.

The group explores how mindfulness practice, meditation and the Buddhadharma can light a path to freedom from afflictions, deepen our understanding and application of the 12 steps and help us realize the awakened way in all areas of our daily life. This is an open meeting for for all wanting freedom and healing, you need not be in 12 step recovery or Buddhist to join us. Format includes sitting, dharma talk, and sharing. Guest speakers from other traditions are joyfully scheduled. Freely offered, no charge to attend.

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