

Recovery Meetings - USA

Alameda - CA

Venue: Home Of Truth Spiritual Center

Days: Every 1st and 3rd Friday of the month

Time: 7:00pm - 8:30pm

Type: Mindful Recovery Meeting

Address: 1300 Grand St, Alameda, CA 94501 - (rear cottage)

Other info: Our meeting is for anyone interested in meditation, 12 step recovery and mindfulness.

The format is a beginning 30 minute meditation, introductions, short break, reading and shares. We close with a dedication of merit and brief mindfulness blessing.

Contact: Email - mindful12step@gmail.com Website - mindful12step.tumblr.com