

# Recovery Meetings - USA

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## Redwood City - CA

- Venue:** Insight Meditation Center (IMC)
- Days:** 2nd Sunday of every month
- Time:** 7:30pm - 9:00pm
- Type:** Buddhism and Twelve Step Support Group
- Address:** 108 Birch Street, Redwood City, CA 94062
- Other info:** Group discussion and study exploring the Twelve Step program and Buddhist practice through Kevin Griffin's book, *A Burning Desire: Dharma, God and the Path of Recovery*.  
Includes 30 minutes meditation, reading, and open discussion. Everyone welcome.  
Facilitated by Jennifer Lemas, a longtime practitioner at IMC
- Contact:** Email - [jennlemas@comcast.net](mailto:jennlemas@comcast.net) Website - [www.insightmeditationcenter.org/](http://www.insightmeditationcenter.org/)