

Recovery Meetings - United States

Redwood City - CA

- Venue:** Insight Meditation Center (IMC)
- Days:** 2nd Sunday of every month
- Time:** 7:30pm - 9:00pm
- Type:** Buddhism and 12 Step Support Group
- Address:** 108 Birch Street, Redwood City, CA 94062
- Other info:** Group discussion and study exploring the Twelve Step program and Buddhist practice through Kevin Griffin's book, *A Burning Desire: Dharma, God and the Path of Recovery*.
Includes 30 minutes meditation, reading, and open discussion. Everyone welcome.
Facilitated by Jennifer Lemas, a longtime practitioner at IMC
- Contact:** Email - jennlemas@comcast.net Website - www.insightmeditationcenter.org/