

# Recovery Meetings - USA

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## Modesto - CA

**Venue:** Jana Lynn Community Room

**Days:** Thursdays

**Time:** 6:30pm - 8:00pm

**Type:** Refuge Recovery

**Address:** 500 N. 9th St., Modesto, CA 95350

**Other info:** We are using the Four Noble Truths, including the Eightfold Path, as the framework and guide to recovering from addiction. Noah Levine's "[Refuge Recovery: A Buddhist Path to Addiction Recovery.](#)" will be our primary text. We will meditate, read, and share.

Affiliation: Insight Meditation Central Valley

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