

Recovery Meetings - USA

Modesto - CA

Venue: Jana Lynn Community Room

Days: Thursdays

Time: 6:30pm - 8:00pm

Type: Refuge Recovery

Address: 500 N. 9th St., Modesto, CA 95350

Other info: We are using the Four Noble Truths, including the Eightfold Path, as the framework and guide to recovering from addiction. Noah Levine's "[Refuge Recovery: A Buddhist Path to Addiction Recovery.](#)" will be our primary text. We will meditate, read, and share.
Affiliation: Insight Meditation Central Valley

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