

Recovery Meetings - USA

Flagstaff - AZ

- Venue:** Flagstaff Federated Church
- Days:** Mondays
- Time:** 5:30pm - Flexible
- Type:** Read • Sit • Talk
- Address:** 400 West Aspen Ave., Flagstaff, AZ 86001 - Room 24 (Upstairs and to your Left)
- Other info:** An Any-A Meeting for Any-Anonymous Person Interested in Meditation and the 12 Steps
- Improving Our Conscious Contact -
All people of all meditation and recovery experience levels and paths are welcome!
(No vows are required, no head shaving, no gurus. Robes are optional, but please wear something.)
- What:** Reading, Meditation, Discussion ["One Breath at a Time"](#) by Kevin Griffin.
- Why:** To Learn, To Grow, To Share
- Who:** You?
- Contact:** Phone - (928) 714-7015 Email - Flagstaff@ReadSitTalk.org