

# Recovery Meetings - United States

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## San Francisco - CA

**Venue:** San Francisco Zen Center

**Days:** Mondays

**Time:** 7:30pm - 9:00pm

**Type:** Sitting & Discussion Group for People in Recovery

**Address:** 300 Page Street, San Francisco, CA 94102

**Other info:** This is a drop-in group, started in 2000, for those interested in exploring the connection between Buddhist teaching and practice and recovery work. Although we are based on a 12 Step model, everyone is welcome, including friends and family members of people in recovery. The evening includes a short meditation instruction, 20 minutes of silent mediation, a talk and an open discussion. The group is led by Buddhist practitioners in recovery. By donation. Check the [SFZC](#) website for retreats and other offerings for people in recovery.

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