

Recovery Meetings - USA

Prescott - AZ

Venue: First Congregational Church

Days: Wednesday

Time: 6:30pm

Type: Refuge Recovery Meeting

Address: 216 E. Gurley St., Prescott, AZ 86301

Other info: Refuge Recovery is a program of recovery from all types of addiction and the suffering caused by addiction. It uses the Buddha's core teachings, the Four Noble Truths and the Eightfold Path, as its main inspiration and guiding philosophy. Refuge Recovery takes a non-theistic approach to spiritual practice, asking people to believe in nothing beyond a process that includes meditation, wise actions and compassion, and to work at their recovery.

These meetings are based on the book, ["Refuge Recovery: A Buddhist Path to Addiction Recovery"](#)

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