Recovery Meetings - USA

Madison - WI

Venue: Connections Corner building

Days: ThursdayTime: 6:00pm

Type: Refuge Recovery

Address: 5001 University Ave., Madison, WI 53705 - Use the entrance on the back of the

building in the parking lot.

Other info: Refuge Recovery: Is a mindfulness-based addiction recovery community that

practices and utilizes Buddhist philosophy as the foundation of the recovery process. Drawing inspiration from the core teachings of the Four Noble Truths, emphasis is placed on both knowledge and empathy as a means for overcoming addiction and its causes. Those struggling with any form of addiction greatly benefit when they are able to understand the suffering that addiction has created while developing compassion for the pain they have experienced. We

hope to serve you, and meet you on the path.

Contact: Email - <u>refugerecoverymadison@gmail.com</u>

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