

Recovery Meetings - United States

Hendersonville - NC

Venue: Heartwood Refuge and Retreat Center

Days: Wednesday

Time: 5:30pm

Type: Refuge recovery

Address: 159 Osceola Rd., Hendersonville, NC 28739

Other info: *Who:* Open to anyone seeking recovery from addiction.
What: We reference Noah Levine's book, [Refuge Recovery](#). The meeting includes a period of guided meditation, followed by a discussion on a topic relating to Buddhist path recovery rooted in the Four Noble Truths and the Eightfold Path.
Cost: Voluntary donations are, at this time, directed to Heartwood Refuge and Retreat Center in exchange for the use of their space.

Contact: Email - refugerecoverync@gmail.com Website - www.heartwoodrefuge.org