

Recovery Meetings - New Zealand

Wellington

- Venue:** Wellington Buddhist Centre
- Suburb:** Mount Cook
- Days:** Sundays
- Time:** 6:30 - 7:45 PM
- Type:** Eight Step Recovery
- Address:** 6-8 Broomhedge Street, Mount Cook, Wellington, 6021 - Level 1 - off Adelaide Road
- Other info:** The group is peer led, and run on Dana, a Buddhist tradition of generosity.
- The Eight Step Recovery support group will cover the teachings of Vimalasara Valerie Mason-John and Dr. Paramabandhu Groves from their book [Eight Step Recovery](#).
- Contact:** Wellington Buddhist Centre Email - wellingtonbuddhistcentre@gmail.com
Website - [About Eight Steps Recovery](#)