

Recovery Meetings - United States

Prescott - AZ

Venue: Starbucks - Frontier Village Community Conference Room

Days: Thursdays

Time: 7:00pm - 8:00pm

Type: Refuge Recovery - Women's Meeting

Address: 1861 Hwy 69, Prescott, AZ 86303

Other info: **Refuge Recovery** is a non-theistic, Buddhist-inspired approach to recovery from addictions of all kinds. We are a community of people dedicated to the practices of mindfulness, compassion, forgiveness, and generosity, using meditation and kindness to heal the pain and suffering that addiction has caused in our lives and in the lives of those around us. Our weekly peer-led meetings include guided meditation, readings from the book Refuge Recovery, and group sharing and discussion. This meeting is open to women of all backgrounds and respectful of all recovery paths. These meetings are appropriate for any woman in, or interested in, recovery from any forms of addictive behavior. No prior meditation experience necessary.

Always free; donations welcome.

Contact: Email - rrprescottaz@gmail.com Website - refugerecovery.org
or facebook.com/rrwomenprescottaz/